



# Hong Kong Paediatric Foundation

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Newsletter

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## SPECIAL EVENT – CHILDREN AND YOUTH IN SPECIAL SITUATIONS Meeting with Correctional Services Department at CSD Head Office

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Dr. Lilian WONG  
Dr. CHAN Chok Wan

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Subsequent to the Press Conference on “Critical Appraisal of Children & Youth Health in Child Care Facilities & Correctional Institutes” held on 10 Sept 2017 to urge the immediate attention on the mental health conditions and care needs of juvenile inmates in Hong Kong, the Hong Kong Paediatric Foundation (HKPF) was invited to meet with the management of Correctional Services Department (CSD) at CSD Head Office on 19 Oct 2017. Dr. CHAN Chok Wan, Dr. Lilian WONG, Ms. Sylvia SIU, Ms. Gloria LUK and Ms. Susanna LEE represented HKPF at the meeting.



The CSD team was chaired by Mr. WONG Kwok Hing, Assistant Commissioner (Operations). Mr. WONG gave us an overview of correctional services in Hong Kong and the vision and mission of CSD. Dr. Henry KWONG, Senior Medical and Health Officer from Department of Health also presented to us about the healthcare services provided for the young inmates and care at their sick time. The custody arrangement, rehabilitation program, education and vocational training, the follow up and review of young inmates after discharge, and the community education and activities co-organized with different community stakeholders were well introduced by Mr. LEUNG Tsan Ming and Mr. TAM Kwok Keung, Rehabilitation and Supervising Officers. The scope of programs were wide and comprehensive. All programs regarded the welfare of the young persons in custody (PIC) as the main target and prepared them to reintegrate to the society. Ms. Eva KWONG, the Senior Clinical Psychologist briefed us the psychological and counseling services run in the CSD which aimed at improving the inmates' institutional adjustment, general mental wellbeing and changing the offending behavior. As family support was important, the “Enhanced Inmate-Parent Program” was run to promote family involvement in the rehabilitation process. In the discussion, the concerns from the HKPF were raised including management of acute mental health issues of the inmates such as depression and self-harm; an open, independent and transparent complaint mechanism; the placement and welfare of the newborn delivered by the female PIC and the screening and preventive measures for the sexually transmitted diseases. The suggestions were well noted by the CSD staff who agreed to review those items in coming management plan.

The meeting with CSD was very fruitful. Through this meeting, we have a better understanding about the work in the CSD. The hard work, passion and commitment of the CSD staff were well appreciated. The CSD team invited HKPF to have site visit at the Correctional Institutes for better review of the life of young inmates under custody.

## Visiting Cape Collinson Correctional Institution

Hong Kong Paediatric Foundation (HKPF) was invited by the Correctional Services Department to visit the Cape Collinson Correctional Institution on 30 Nov 2017. Dr. CHAN Chok Wan, Dr. Lilian WONG, Ms. Gloria LUK and Ms. Rebecca LEE have joined the visit.

The Deputy Commissioner, Mr. WOO Ying Ming and his team presented a thorough overview of the current rehabilitation program for young people in custody at the Correctional Institute. This was a fruitful and eye opening visit with the chance to meet with the young inmates and better understanding of their daily life.

The CSD team has arranged the HKPF team to visit the facilities and Education and Training Sessions for young inmates including

1. Training Session on Hair Style Training
2. Training Session on Computer graphics and Design
3. Training Session on Music and Orchestra
4. Education Session on Senior Grade Secondary School
5. Training Session on Art Craft for recalled juvenile inmates
6. Training Session on Café and Catering Services



We were impressed by the extensive training programs for young inmates and hard work of Correctional Services Department, their continuous follow up after the discharge of the young inmates as well as their passionate attitude towards young inmates and preventive education for the adolescents in the community. HKPF team suggested to extend the training programs to those juvenile inmates on trail or waiting for sentence.

CSD was also committed to working jointly with different community stakeholders to implement a wide range of community education initiatives to promote law-abiding values with a view to fulfilling the mission of crime prevention.



## PROFESSIONAL FORUM ON CHILD HEALTH 2017

**Professional Forum on Health Challenges of Youth in Special Situations in Hong Kong** was held on 14 Nov 2017 at QEH. Guest speakers included Hon. Dr. Fernando CHEUNG, Legislative Councilor revealing the stories of young inmates in correctional institutes. Prof. HAU Kit Tai, Choh-Ming LI Prof. of Educational Psychology, The CUHK highlighted the psychological risks and ideal service models for young inmates, Dr. Elsie HUNG Suet-wai, Clinical Psychologist, Correctional Service Department (CSD) shared the psychological and rehabilitation programs at CSD for young inmates, and Dr. Lilian WONG reviewing the international studies on health challenges of juvenile inmates and the international standard on care of young inmates.

All the Forum participants agreed unanimously that young inmates should be given opportunity to reintegrate into the community and resume normal life. Hence, diverse and comprehensive rehabilitation program should be provided. The mental health issues should also be carefully monitored.



## PROFESSIONAL CME MEETING ON CHILD HEALTH 2017

**CME Meeting on Update on the Diagnosis and Management of Squint in Children** was held on 10 Oct 2017, 1:30 2:30 pm at World Trade Centre Club. Speakers were Dr. Charmaine HON, Specialist in Ophthalmology.

**CME Meeting on Translating Scientific Advancement to Real Life Benefits: DTPa& MMRV vaccination** was held on 14 Nov 2017. Speakers was Prof. John TAM, Visiting Professor, Department of Applied Biology and Chemical Technology, Hong Kong Polytechnic University



## PUBLIC FORUM ON CHILD HEALTH 2017 兒童健康論壇

**兒童健康論壇 - 「如何栽培一個五星級的孩子」**, hosted by Nursing and Allied Health (NAH) Sectoral Functional Group of Child Health Policy including nurses, pharmacists, clinical psychologist, physiotherapists, occupational therapists, speech therapist, play therapist and educational psychologist was held on 14 Oct 2017 at Jordan Valley St. Joseph's Catholic Primary School. Moderators were Ms. Susanna LEE, Convenor of the NAH Group and Dr. WONG Tak Wai, Convenor of Child Health Forum. Invited speakers included: 蕭沛霖先生, President Elect of Hong Kong Nutrition Association who spoke on 「五星級的孩子需要特殊的營養和補給品嗎?」, followed by 陳佩玲女士, Pharmacist, who talked on 「何謂營養補給品?」; 陳潔冰女士, Clinical Psychologist and 譚曉茵女士, Occupational Therapist who spoke on 「心理和人際關係如何提昇孩子至五星級?」 The forum ended with 公眾論壇 - 「什麼才是一個五星級的孩子?」

In the open forum, an interactive exercise with the audiences to collect their views towards 「我心目中的五星級孩子」、「策略」和「代價/實況」was run. Most audiences opined that 5 stars meant be happy, healthy growth and development of their children, and family love and respect were the greatest power to boost up the child to become as brilliant as 5 stars. Some parents still regarded excellent academic achievement as the meaning of 5 stars. They admitted that it was not right to focusing only on the academic results of their children, regrettably they have to fit in the social trend and the education system in Hong Kong. As such, the education system, mindset of the society and parents' attitude should be altered as a whole. Nevertheless, without the support from government through policy-making, the reform were unlikely to be realized. Audiences strongly expressed the imminent need of establishing a Child Health Policy as well as a Children Commissioner in Hong Kong to advocate for the best interests and health of our children.



## PUBLIC FORUM ON CHILD HEALTH 2017 兒童健康論壇

**兒童健康論壇 - 「貧窮對青少年及家庭帶來的影響」** hosted by Community and Family Sectoral Functional Group of Child Health Policy was held on 18 Nov 2017 at Jordan Valley St. Joseph's Catholic Primary School. Moderators were Ms. Sanne FONG, Co-convenor and Dr. Lilian WONG. The invited speakers included: 石丹理教授 who talked on 「家庭功能及親子關係對青少年健康的影響」, followed by 梁倩儀博士 who talked on 「家庭支持帶來青少年之成長的正面影響」 followed by 公眾論壇 on 「提升兒童健康水平?」

In the Forum, 石丹理教授 also shared with the audiences the four-year research project “共創成長路 P.A.T.H.S to Adulthood: A Jockey Club Youth Enhancement Scheme” with the aim at promoting the holistic development of adolescents by developing their abilities in all aspects of life, recognizing their abilities, building bonds with others and helping them develop positive beliefs in life and setting clear goals.



# THE 53rd HONG KONG HEALTHY CHILDREN COMPETITION In 2017

“The Hong Kong Healthy Children Competition (HKHCC)” is an annual event co-organized by Hong Kong Paediatric Foundation (HKPF) and The Boys’ and Girls’ Clubs Association (BGCA) of Hong Kong with the aim of promoting healthy eating and living and healthy habits to children and families. The theme for 2017 was 「全面均衡發展」, the 53<sup>rd</sup> HKHCC activities which included health check, fitness test, cognitive test, and talent show targeting at children aged 3 to 11 years old were held in Oct and Nov 2017.

The Prize Presentation Ceremony was held on 26 Nov 2017 at the Tsuen Wan Plaza. Dr. LEE Tsz Leung, Hospital Chief Executive of the Hong Kong Children’s Hospital was our Guest of Honor. Following the sharing by Ms. HAU Ka Ming (候嘉明小姐), our health ambassador and Dr. LOUIE, Hung Tak, Lobo, Dept. of Physical Education, the Hong Kong Baptist University, the “Best Performance Awards” and “Parent and Child Look Alike ward” were presented. The event was meaningful with health messages well promoted to the children and their families.



## UPCOMING EVENTS

- 9 Jan 2018 **Professional CME Meeting on Child Health 2018 - Update on Clinical Assessment for Metabolic Diseases in Children** will be held from 1:30 – 2:30 pm at Chairman’s Suite and Executive Room, 38<sup>th</sup> Floor, World Trade Centre Club, Causeway Bay. Speaker will be Dr. Joannie HUI, Consultant Paediatrician, the Hong Kong Children’s Hospital.
- 25 Jan 2018 **Professional Roundtable on Child Health 2018 - Children’s Commission in Hong Kong**, convened by Ms. Sylvia SIU, Convener of Legal Sectoral Group of the Child Health Policy will be held at Lecture Hall, 4/F, Duke of Windsor Social Service Building, 15 Hennessy Road, Wan Chai. The Chairman is Dr. CHAN Chok Wan. Speakers include The Hon. Dr. Fernando CHEUNG, Legislative Council Member; The Hon. Mr. SHIU Ka-chun, Legislative Council Member; Mr. Dennis HO, Chairman of Family Committee of Law Society of Hong Kong, Mr. Richard YIP, Council member of Hong Kong Bar Council, Representative from Hong Kong Federation of Women Lawyers, and Dr. Lilian WONG, Secretary of the Surveillance Group on Child Health Policy.

*In the New Year 2018, Hong Kong Paediatric Foundation wishes: Healthy Children, Happy Family & Healthy World*

